



INTERNATIONAL CONFERENCE OF INTEGRATIVE & METABOLIC NEUROPSYCHIATRY

SCHEDULE

DAY - 1

17-Jan

Time	Session Title	Speaker
9:00 – 9:25 AM	Opening Remarks by the President of ICIMN & Sacred Rituals of Puja	
9:30 – 10:00 AM	Introduction to Metabolic Neuropsychiatry	Dr. James Greenblatt
10:00 – 11:00 AM	The Mind and Metabolism	Dr. Anoop Bhagat
11:00 – 11:15 AM	Digital Cognitive Assessment Biomarker in Metabolic Neuropsychiatry	Sumiti Saharan
11:15 – 11:30 AM	Tea Break	
11:30 – 12:00 PM	Unlocking the Mind through a Metabolic Lens	Dr. Selvam
12:00 – 12:45 PM	Mitochondrial Function, Metabolic Psychiatry & Circadian Biology	Dr. Balu
12:45 – 1:15 PM	Gut–Liver–Brain Axis Role in Inflammatory Disorders	Dr. Nirupama
1:15 – 2:00 PM	Lunch	
2:00 – 2:25 PM	Gluten & Brain	Dr. Ishi Khosla
2:25 – 3:00 PM	Diagnostic Approach to Headache & Dizziness	Dr. Vishal Pawar
3:00 – 3:30 PM	From Predictive Genomics to Systems Biology	Dr. Samatha Tulla
3:30 – 3:45 PM	Tea Break	
3:45 – 4:15 PM	The Six Pillars Framework of an Integrated Approach to Mental Health	Dr. Aarti Midha
4:15 – 4:45 PM	The Neurobiology and Clinical Promise of Psychedelics in Mental Health	Dr. Ramesh Gauraang
4:45 – 5:15 PM	The Role of Fatty Acids in Inflammation	Dr. Narendra Sahni
5:15 – 5:45 PM	The Role of Nutritional Lithium Orotate in Psychiatry	Dr. James Greenblatt

DAY-2

18-Jan

Time	Session Title	Speaker
9:00 – 9:30 AM	Which Metabolic Panel for Psychiatric Practice?	Dr. Sonu
9:30 – 11:00 AM	Neuroplasticity Brain Retraining for Chronic Conditions	Ashok Gupta
11:00 – 11:15 AM	Tea Break	
11:15 – 11:45 AM	Mood, Microbes & Mind: Decoding the Gut–Brain Axis	Dr. Narasimhaiah Srinivasaiah
11:45 – 12:15 PM	Mapping in Neuropsychiatry	Dr. Sweta Adatia
12:15 – 12:45 PM	A New Biomarker for Neurodegenerative Disorders	Dr. Anoop Bhagat
12:45 – 1:30 PM	Lunch	
1:30 – 2:00 PM	Adaptogens and the Central Nervous System	Dr. Ushy Mohandas
2:00 – 2:30 PM	Blue Mind, Red Mind & The Metabolic Brain	Dr. Arpit Bansal
2:30 – 3:00 PM	Interview of Ashok Gupta	Dr. Sweta Adatia
3:00 – 3:15 PM	Tea Break	
3:15 – 3:45 PM	The Future of Mental Health: Mitochondrial Mind	Moumita Nandy
3:45 – 4:15 PM	Neurodivergence Meets Menopause	Dr. Balu
4:15 – 5:00 PM	Gratitude for Mental Illness – Hype or Hope?	Monika Singhal
5:00 PM	Closing Remarks by the Secretary of ICIMN	